



Central Iowa Figure Skating Club

NEWSLETTER MARCH/APRIL 2017

SAVE THESE DATES!

Learn to Skate Calendar Session Dates

<http://centraliowafsc.org/learntoskate>

Session 4

Saturdays: 3:00 – 4:00 PM, Feb. 18, 25; Mar. 4, 11, 18, 25

Wednesdays: 5:30 – 6:30 PM, Jan. 25; Feb. 1, 8, 15, 22; Mar. 1

Session 5

Saturdays: 3:00 – 4:00 PM Apr. 1, 15, 22, 29; May 6, 27

Wednesdays: 5:30 – 6:30 PM, Mar. 8, 15, 22, 29; Apr. 5, 12

Session 6

Wednesdays: 5:30 – 6:30 PM, Apr. 19, 26; May 3, 10, 17, 24

Learn to Skate Skaters ONLY- Spring Show Registration – Follow this link:

<https://docs.google.com/forms/d/e/1FAIpQLSdFaqdFG7GFL-HJ1kPcaFHxMlxGjLnZ6aVUPooV7Xptpp0utQ/viewform?c=0&w=1>

Check our skating calendar on our website for updated and changes to the skating dates and times:

<http://centraliowafsc.org/>

INSIDE THIS ISSUE

- 1 Upcoming Events
- 1 Learn to Skate classes session 2
- 1 Questions and Answers
- 2 From Our Skating Director – Membership Renewals
- 2 Calendar of Events – DEADLINES!
- 2 Spring Show – “Round the World” May 13th -2-5pm

QUESTIONS AND ANSWERS

Q: How do I get involved in helping the club to grow?

A: We currently have open positions on our board of directors. We would love some new board members! Volunteering is an important need for our club. We rely on our volunteers to keep things running smoothly and keep the costs down. Ask our President, Rich Harms or Skating Director, Elena how you can help. **Please check your email frequently for volunteer requests and important notices in your email box.**

Q: How do I get private lessons?

A: Speak to one of our coaches. Private lessons are a good way to improve particular skills or prepare for competitions & shows.

Q: How often should I skate?

A: 3 times a week is best to show steady progress.

Q: Where do I buy skates?

A: Ask Coach Burton or Elena. Good used skates are available and we have catalogs for new ones. Skaters learn faster and safer on better equipment. Check the garage sale dates for good used skates.

Q: How often should I sharpen my skates? And where?

A: Skates should be sharpened about every other month to wear evenly and prevent rust. If you see any signs of rust, have them sharpened as soon as possible to protect your investment. Coach Burton sharpens skates for \$10.

Q: How do I get the most up to date information?

A: Check our club website at: <http://www.centraliowafsc.org>
Or FACEBOOK: www.facebook.com/iowafigureskating

There is a wealth of information and monthly skating calendar posted on our website. Coaches contact information, used skates section, photo gallery and much more! Check it out!

www.centraliowafsc.org

CALENDAR OF EVENTS – DEADLINES

Saturday March 25th - Garage Sale and Bake Sale 2:30-4:30pm
Buccaneers Arena. Contact Bobbi Ellis for volunteering and more details. bme7907@aol.com

Saturday April 8th – Test Session Cedar Rapids - Early morning
Sat & Sun April 8th & 9th – competition Cedar Rapids
Information link:
<http://comp.entryeeze.com/Home.aspx?cid=55>

April 15th – Spring Show Registration DEADLINE! FOR Learn to Skate participants ONLY! Others club members will use different form!

Learn to Skate students - Pick up your registration form at the rink or go to our website for registration. Or follow this link to register online:

<https://docs.google.com/forms/d/e/1FAIpQLSdFaqdFG7GFL-HJ1kPcaFHxMlxGjLnZ6aVUPooV7XptppOutQ/viewform?c=0&w=1>

April 26th, May 3rd, May 10th – Learn to Skate Show Group rehearsals. Practices will occur on our Learn to Skate practice ice on April 26th, May 3rd and May 10th - the skater must be present for all three practices in order to participate in the show. Payment is due the day of the first practice. Our normal rental skates are included with the registration fee. The registration fee for the Learn to Skate group number in the show is only \$85! That fee includes:

- Three 30-minute group lessons with Coach Burton, who will choreograph the number!
- Show gift bag!
- Photos of the performance (delivered as a download)
- T-Shirt

Saturday May 13th – Spring Show “Round the World” 2-5pm
Buccaneers Arena

June TBD – CIFSC USFS test session

June 30th – Annual Membership renewal deadline. Must be current CIFSC & USFS member to participate in club activities, competitions and show after this date. *****Note those attending State Games of America and Summer Events must be renewed current members!***

July 3rd – State Games of America ENTRY DEADLINE! Follow this link for information:

<http://stategamesofamerica.com/figureskatingusfs2017>

Registration Link:

<http://comp.entryeeze.com/Home.aspx?cid=537>

August 4th to 8th – State Games of America – Grand Rapids, MI

If you would like to add anything to the calendar contact Burton.

Membership Renewal Reminder!

We currently have 102 club members!

We welcome new members!

Reminder membership renewals are due June 30th, 2017! *****Note those attending State Games of America and Summer Events must be renewed current member to participate!***

PRIVATE LESSONS

Take your skating to the next level!
Coaches, Elena, Igor, Burton and Inna are accepting new students!

We are proud that our coaches have received the Award of Excellence from The Professional Skaters Association for having all our coaches Certified Level A.

Contact your coach of choice for more information.

Burton Powley - burtonpowley@gmail.com
Elena and Igor - kotmul@inbox.ru
Inna - innahdance@gmail.com

FROM OUR SKATING DIRECTOR ELENA

Semi Private lessons

6 weeks - 30 min. lessons (2-3) skaters
Cost \$70 ice cost and \$105 - coaches fee
Total \$175 (days and times, contact coaches)

Group Class

Tentative schedule (Every Monday and Thursday)
High advance and low advance group
Flyer will be posted soon and more information on website

Off- Ice Group Classes

Spinner class and Fitness Class
6 weeks - \$60 punch card available

Ballet and stretching class

6 weeks - \$60
Contact Inna at innahdance@gmail.com

Burton sells spinners \$35 please contact him.
burtonpowley74@gmail.com 515-371-8666